

Thanks again for coming along to Fake It Til You Make It to help raise awareness of the importance of openly listening to others and sharing our experiences with depression

You'll also become a rock star on the night and be in a published song on all streaming services and a music video on YouTube!

If you are unfamiliar with the event skip down to 5. on page 2 below.

1. Details of the night

Friday 7th February, Balmain Town Hall (upstairs)
370 Darling St, Balmain
Be there by 7pm please

2. The music

We'll attempt to do some harmonies and get people into groups for the melody, high and low parts but don't worry if you haven't prepared - just sing along!

If you want to hear the chorus as it should sound **[click here for a karaoke video](#)** (ignore the "Please do not judge me, I'm still inside me" part)

3. The Lyrics

You will be singing 4 choruses a - 2 with the same lyrics and another 2 with different lyrics but same melody and a short interlude as follows:-

(Chorus 1X2)

Fake it until you make it

Be strong you got a true friend

Sunshine and a smile, been away for a while

You know sunshine and a smile, will come back, but in a while

(Interlude x1)

Sunshine and a smile, sometimes they just hide

Sunshine and a smile, they're always inside

(Chorus 1X2)

We faked it and now we're making it

We're strong cause we've got good friends

Sunshine and a smile, sometimes they just hide

You know sunshine and a smile, they're always inside

4. Any questions?

Give me a call or text me on 0416 059 736, Email me on brian@brian-thomas-music.com,
Web brian-thomas-music.com

5. Further background bout the event (if you are unfamiliar with the event)

Help to raise awareness about depression and get to be on a song on Spotify and a music video ! Just turn up and sing (off key is fine!)

About this Event

After feeling depressed and suicidal I sought help from my Doctor, Charbel who worked with me and eventually prescribed antidepressants - he helped me to keep going, to "Fake it to you Make it" - to get out of bed each day and face the world - eventually the medication, my supportive family and his advice worked. I decided to write a song called, you guessed it, "Fake it to you Make it" in honour of all the people that help.

To raise awareness I wanted to get a bunch of caring people their families (kids welcome) to join Charbel and myself to sing the chorus (no musical ability required!) at a free event at Balmain Town Hall - it will be filmed as a music video and released on Spotify etc. Hopefully the talk and discussion around this will get people to open up about any issues and seek help. Depression affects so many and there is no shame in talking to people about it.



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